



Dear Readers

The importance of this ECI - [Stay Connected but Protected](#) - grows day by day. In addition to signing and supporting our 23 proposals for changes in EU law and regulations - we have suggestions for specific actions you can carry out in your own everyday life. Please read **“Actions we all can do”** which is the 23 proposals transformed into daily actions we all can do.

Bear also in mind that you are a part of a huge worldwide movement. **No one is alone in this fight.**

Not alone - International Conference in Düsseldorf

The German [Kompetenzinitiative](#) arranged a conference about the current discussion on 5G and wireless communication technologies October 14-16, 2022, at the Goethe Museum in Düsseldorf <https://kompetenzinitiative.com/en/duesseldorf-2022/>

4 participants from our ECI team attended and coordinator Pernille Schriver were invited to join the panel debate the last day of the conference.

A conference like this strengthens and expands our important network, increases the knowledge of active and important stakeholders who can be crucial for the further development of our ECI work, and gives a good picture that all parts of society are now involved: doctors, researchers, NGOs, citizens, lawyers and politicians.



And most important - we have now an invitation to meet important politicians in the EU parliament in December.

Not alone – Strong support for our scientific based criticism of The SCHEER Opinion from many stakeholders

Our scientific working group have spent weeks reading and analysing the [SCHEER Opinion report](#). Although we welcome a review in this area, the scientific group’s conclusion of the SCHEER Opinion report is unfortunately extremely disappointing and as follows:

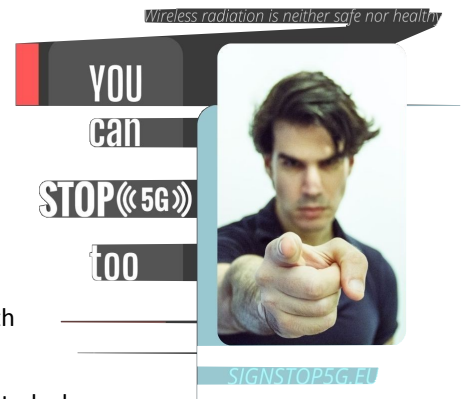
“This SCHEER report has by design a predetermined outcome in favor of the telecommunications industry’s needs of continued adherence to ICNIRP’s guidelines. The SCHEER working group has conflicts of interest and is unbalanced as to the selection of its members. The SHEER Opinion fails to include any of the many scientific experts who agree that there is sufficient evidence of health risks well below ICNIRP’s guidelines.....”

Please read more [here](#) and learn who signed and supported our feedback.

Not alone – Actions we all can do

Protect all life from radio frequency and microwave radiation

- 1 Protect yourself and your family against **all health and biological effects** by minimising the exposure to RF EMF.
- 1 Look for scientific evidence and educate yourself.
- 2 Do not settle for the convenient assurance that the authorities care. Demand protection based on the best available scientific data. Read more [here](#)
- 3 Ask for exposure guidelines that have been developed by scientists with biomedical expertise and who are **free from conflicts of interest**.
- 4 Demand that all biologically effective parameters of RF EMF are evaluated when testing wireless devices, antennas, and their operation.
- 5 Replace wireless connections with **cables**. Do so immediately in your home. Demand it in hospitals, kindergartens, schools, retirement homes, all public buildings.
- 6 Inform others about the dangers associated with wireless connections and how to minimize them (e.g. by using cables)
- 7 Ask your community to provide **low/no radiation zones**.
- 8 Demand that you are not exposed to RF EMF, it is your right to protect your health and bio-integrity.
- 9 Based on the **precautionary principle**, ask for the protection of **nature, animals and plants**.



Protect the environment from all impacts of 5G and digitalization

- 10 Be involved in the local development proceedings in your municipality. Ask your government agencies to review all telecommunication **projects** for environmental impact.
- 11 Reduce the massive electricity consumption caused by digital communication technology by prioritizing wired and low energy solutions.
- 12 Before buying a new device, think about the huge amounts of waste from electrical and electronic equipment (WEEE) and the environmental impact of mining for resources (for producing new devices). Do you really need to buy this new device?
- 13 Save energy of all your connected devices - turn off all your wireless functions when you do not use them actively.
- 14 Remember that manmade RF EMF has various harmful parameters and consider all of them as a **pollutant of your space**.
- 15 Demand monitoring of all biological harmful parameters of RF EMF in your community.
- 16 Call for a stop for 5G satellites worldwide until the environmental impacts are resolved.
- 17 Do not use satellite internet.

Safeguard your privacy, security and freedom

- 18 Be aware of risk of surveillance and data misuse of 5G, IoT & IoB (Internet of Things & Internet of Bodies).
- 19 Do not upload personal and medical data on the internet (even though it is a personal account) for better protection against the increasing cybercrime.
- 20 Do not tolerate discrimination and digital rights violations.
- 21 Demand that your data are not processed by automated procedures (by AI).
- 22 Help organizing public debates on digital innovations.

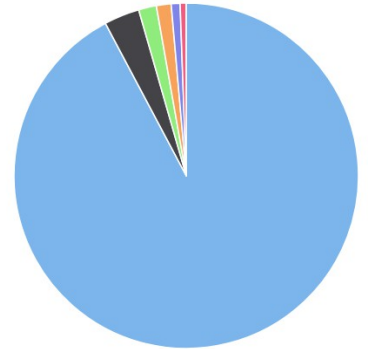
Not alone - Appeals from various sides

There are many initiatives in line with our ECI and we mention them all in our [Introduction to the Detailed Annex](#). Moreover, in September 2022, Journal **Reviews on Environmental Health** published a new document [The European Union prioritises economics over health in the rollout of radiofrequency technologies](#). We quote from this document: "Since September 2017, the EU 5G Appeal and letters have been sent six times to the EU, requesting a moratorium on the rollout of 5G and warning the Union and the Commission regarding the risks associated with wireless technologies."

Not alone – EU Citizens participate in *Have your say* widely

You can also get involved in forming EU laws in the platform "Have your say".

In September, EU suggested using facial recognition for travel ID. We inspired many people with [our two feedbacks](#) to this initiative.



Some of feedbacks from Europeans were "No to totality", "Stop digital monitoring"

and "No to China system in EU!". And many other similar voices among the 360 that were sent to the EU to reject this initiative. 92.22% of the feedback were from citizens.

Not alone - Politicians reject antennas, too

The Swiss Minister of Health Alain Berset has successfully prevented a cell phone antenna from being installed near his home! He wrote: "Electromagnetic waves caused by technology, in particular those emanating from mobile radio technology, have harmful effects on the health of humans and animals." **Thank you, Alain Berset!**

<https://newsbeezer.com/switzerlandeng/beret-wanted-to-prevent-mobile-phone-antennas-swisscom-dropped-the-project/>

Thank you for reading this newsletter. Please share widely.
And remember
**Responsible and conscientious people succeeded in stopping
the Tobacco Industry, the spread of DDT and asbestos.
We will succeed too – but we must do it together**



The organisers of
Stay Connected but Protected

Please sign here:
<https://signstop5g.eu/>